



COVID-19 Safety Plan 2021

UPDATED VERSION 3 – 18th October 2021

Community sporting competitions and full training activities

We've developed this COVID-19 Safety Plan to help create and maintain a safe environment for committee members, volunteers, coaches' parents/carers players and visitors

We will follow the current COVID-19 Public Health Orders and manage risks to everyone in accordance with Work Health and Safety laws.

ORGANISATION DETAILS	
Organisation name:	Mudgee Gulgong Wolves FC
Plan completed by:	Anne-Maree Scotti
In alignment with:	The Return to Play Guidelines developed by Football NSW and the Mudgee Gulgong Wolves FC committee

REQUIREMENTS FOR ORGANISATIONS

Requirements for Mudgee Gulgong Wolves and the actions we will put in place to keep committee members, players, coaches, spectators, volunteers and parents and carers and visitors safe are:

REQUIREMENTS	ACTIONS
Wellbeing of committee members, players, coaches, spectators, volunteers and parents and carers and visitors :	
committee members volunteers, coaches' parents/carers players and visitors who are unwell:	<p>Before participating in any football activity, we have advised all players, they must only attend games, training or trial matches, if</p> <ul style="list-style-type: none"> • People aged 16 and over are fully vaccinated or have a valid medical exemption (Medical Certificate required)

<p>Face Masks</p>	<ul style="list-style-type: none"> • There is no requirement for people attending aged under 16 to be vaccinated. <p>People that are not fully vaccinated can participate in outdoor exercise with one other person, or with people from the same household.</p> <p style="text-align: center;">YOU MUST NOT ATTEND IF:</p> <ul style="list-style-type: none"> - been unwell or had any flu-like symptoms, or - been in contact with a known or suspected case of COVID-19, or - any sudden loss of smell or loss of taste, or <p>All people attending games that are over 12 years of age and over are required to wear a mask for all indoor settings This includes Players, Officials, Spectators and anyone else attending. Persons, working in the canteen and serving food will be also required to wear a mask.</p> <p>Mask are not required to be worn outdoors.</p> <p>We have advised that they should check the NSW Government website for advice regarding the full list of symptoms associated with COVID-19 infection: https://www.nsw.gov.au/covid-19/symptoms-and-testing</p>
<p>Provide committee members, volunteers, coaches, parents/carers players and visitors with information and training on COVID-19, including when to get tested, physical distancing and cleaning, and how to manage a sick visitor:</p>	<p>We have worked with Football NSW to promote and encourage the use of the following resources and websites in order to obtain accurate information:</p> <ul style="list-style-type: none"> - Australian Government Department of Health: https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert - NSW Government Department of Health: https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx - World Health Organisation: https://www.who.int/ - Australian Institute of Sport: https://ais.gov.au/health-wellbeing/covid-19 - Sport Australia: https://www.sportaus.gov.au/ <p>Similarly, we have promoted the range of COVID-19 “campaign resources’ produced by the Federal Government, including posters outlining hygiene practices (e.g. promoting thorough hand washing) found at: https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources</p>
<p>Make committee members, volunteers, coaches, parents/carers players and visitors</p>	<p>Whilst our club’s make up are, committee members, volunteers, coaches, parents/carers players and visitors, we have made them aware of the above-mentioned symptoms and stipulated that they should stay away from the club and self-isolate in the event that they experience any symptoms.</p>

<p>aware they must not the attend the grounds if they are unwell and self-isolate.</p>	
<p>Display conditions of entry (website, social media, venue entry):</p>	<p>We will display posters, with information and signage relating to our COVID-19 policy across our digital channels and at appropriate locations around our club house and Glen Willow Sporting complex.</p>

<p>Provide staff with information and training on COVID-19, including COVID-19 vaccination, when to get tested, physical distancing, wearing masks, and cleaning.</p>	<p>We have worked with Football NSW to promote and encourage the use of the following resources and websites in order to obtain accurate information:</p> <ul style="list-style-type: none"> - Australian Government Department of Health: https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert - NSW Government Department of Health: https://www.health.nsw.gov.au/Infectious/covid-19/Pages/default.aspx - World Health Organisation: https://www.who.int/ - Australian Institute of Sport: https://ais.gov.au/health-wellbeing/covid-19 - Sport Australia: https://www.sportaus.gov.au/ <p>Similarly, we have promoted the range of COVID-19 “campaign resources” produced by the Federal Government, including posters outlining hygiene practices (e.g. promoting thorough hand washing) found at: https://www.health.gov.au/resources/collections/coronavirus-covid-19-campaign-resources</p>
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Wellbeing of committee members, players, coaches, spectators, volunteers and parents and carers and visitors

If hiring the facility, consult with the owners/operators to address these requirements to understand what measures may already be in place:

We have to date, and will continue to liaise and work with our venue owners – Mid Western Regional Council to comply with any specific requirements they may have.

We have determined physical distancing protocols to be used within shared facility spaces (e.g., bar/canteen, toilets, entrance and exits, the club house and spectators at the playing fields.

We have and will continue to encourage individuals to be respectful of shared space, minimise time spent in these areas and observe physical distancing measures.

When we conduct our canteen operations, we commit to implementing hygiene and social distancing measures including:

- marking social distancing for queues;
- having hand sanitiser at point of sale;
- providing gloves for canteen volunteers; and
- displaying hand washing directions above sinks

REQUIREMENTS

ACTIONS

Physical distancing

Ensure the number of people in a facility does not exceed one person per 4 square metres (including staff and spectators):

We have considered the number of participants and fixtures to minimise the number of attendees in/on the Glen Willow pitches at any one time.

Where team benches are made up of plastic/other moveable chairs, we will position them so they are at least 1.5 metres apart. Further, we will place signage in technical areas promoting social distancing and reposition the chairs at the required distance between matches.

	
<p>Minimise co-mingling of participants from different games and timeslots where possible:</p>	<p>Mudgee Gulgong Wolves Executive members have scheduled matches and have arranged training days and times to minimise contact, cross-over and avoid unnecessary gatherings of players, and family members.</p> <p>We will schedule time between games/training sessions when possible, to enable all attendees to arrive and exit the venue safely, with minimal contact with others.</p> <p>We will communicate with players, parents, carers and team coaches distancing of participants (> 1.5 metres) and separation between teams.</p>

<p>Ensure any spectators comply with 1.5 metres physical distancing where practical, such as through staggered seating. People who live in the same household are not required to distance. Have strategies in place to prevent spectators from different games and timeslots co-mingling.</p>	<p>Parents/spectators may attend games.</p> <p>We will take the necessary precautions to minimise the risk of transmission including the dispersion of spectators around the perimeter of the pitch and across a range of viewing areas.</p> <p>We will encourage players and spectators to leave the facility as soon as possible following the conclusion of their training/games.</p>
<p>Have strategies in place to manage gatherings that may occur immediately outside the premises, such as with drop off and pick up zones or staggered start/finish times:</p>	<p>We will stagger arrival and/or departure times when possible for different groups and teams, we will manage entry and exit points to allow a seamless flow of players/coaching staff and parents/attendees through the venue to limit the risk of overlap and congestion.</p>
<p>Reduce crowding wherever possible and promote physical</p>	<p>We will promote and communicate the importance of social distancing of 1.5 metres between spectators over our PA System during various times of the day and as well as before each game starts. This will be also announcements, marked seating, social media, direct communication and signage.</p>

distancing with markers on the floor:	We will indicate the number of people that can occupy indoor spaces in accordance with the 4m ² guideline including toilets, change rooms, canteens, club rooms etc.
Communicate this at their entrance and have strategies in place to reduce crowding and promote physical distancing:	<p>We will indicate the number of people that can occupy indoor spaces in accordance with the 4m² guideline including toilets, change rooms, canteens etc.</p> <p>Toilets will be open for public use and will display clear signage to indicate the recommended number of people entering (dependent on the space of the amenities).</p> <p>We also commit to collaborating with our club committee to request Councils increase the regularity that they clean public amenities.</p>
Avoid congestion of people in specific areas where possible.	We have multiple COVID-Safe check-in points to ensure that there is no

REQUIREMENTS	ACTIONS
Hygiene and Cleaning	
Adopt good hand hygiene practices:	<p>We will wipe down key spaces, surfaces and objects (such as benchtops, door handles, team benches, keys etc regularly, toilets,)</p> <p>Further we will:</p> <ul style="list-style-type: none"> - Promote and provide hand washing guidance to all participants and volunteers (http://www.who.int/gpsc/clean_hands_protection/en/); - Promote regular and thorough hand washing by volunteers and participants; - Provide sanitising hand rub within the venue and refill regularly; - Replace/refill soap in toilets regularly; - Place bins around the venue.
Ensure hand sanitiser is accessible at the venue entry and throughout the facility or ground:	<p>We will provide hand sanitiser within Glen Willow and ensure it is regularly refilled.</p> <p>We will encourage players, officials, volunteers, and/or their parents/carers to carry personal hand sanitiser to enable good personal hygiene.</p>
Ensure bathrooms are well stocked with hand soap and paper towels:	<p>We will:</p> <ul style="list-style-type: none"> - Refill soap in toilets regularly. - Refill paper towel dispensers in toilets when required. - Place bins around the venue.
Provide visual aids above hand wash basins to	We will promote and provide hand washing guidance to all participants and volunteers: (http://www.who.int/gpsc/clean_hands_protection/en/) and

<p>support effective hand washing:</p>	<p>display hand washing guidance in all toilets, changerooms and canteens within our facility.</p>
<p>Encourage participants to bring their own water bottle, snacks/orange slices and sweat towels.</p>	<p>We will stipulate that all participants are to provide their own clearly labelled drink bottle for their use only.</p> <p>We will communicate to all participants the importance of not sharing any food or drinks.</p>
<p>Ensure processes are in place to launder shared uniform items after use, such as bibs or jerseys:</p>	<p>we encourage safe processes are in place to launder shared uniform items such as non-contact collection of these items (ie. players to place gear directly into a plastic bag) and the wearing of gloves when laundering.</p>
<p>Clean frequently touched areas and surfaces, including in communal facilities, several times per day:</p>	<p>We will clean frequently used spaces, surfaces and objects regularly.</p>
<p>Reduce sharing of equipment where practical and ensure these are cleaned with detergent and disinfectant between use:</p>	<p>Within the constraints of the game, we will implement arrangements to minimise the shared use of equipment where possible.</p> <p>Players and coaching staff will be encouraged to not share personal equipment including playing equipment, playing kits, bibs, and drink bottles</p> <p>We will discourage the sharing of common stationery (pens, clip boards etc.)</p> <p>Our Competition Administrators will remind Match Officials to not share personal equipment such as whistles, flags, cards and pens.</p> <p>Shared equipment (particularly footballs) will be rotated or washed and wiped with antibacterial wipes or alcohol-based sanitiser prior to each match.</p>
<p>Ensure there is accessible hand sanitiser/disinfectant and visitors to use, should they wish:</p>	<p>We will make soap or disinfectant/sanitiser available in common areas for visitors to access.</p>
<p>Staff are to wear gloves when cleaning and wash hands thoroughly before and after with soap and water:</p>	<p>We will encourage volunteers and staff to wear gloves when cleaning and wash their hands thoroughly before and after with soap and water.</p>

Encourage contactless payment options:	We will encourage appropriate food/beverage and cash handling arrangements are in place including the use of correct monetary value to minimise contact and where possible, we encourage contactless electronic payment.
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REQUIREMENTS	ACTIONS
Record Keeping	

Use the NSW Government QR code system to collect an electronic record of the name, contact number and entry time for all staff, attendees and contractors.	Our club utilises the Service NSW QR code, and we also have a paper form for people to utilise who don't have access to a smart phone.
Processes must be in place to ensure that people provide the required contact information, such as by checking phones for the green tick to confirm they have checked in (keeping 1.5m physical distance between staff and patrons). QR codes should be clearly visible and accessible including at entrances to the event.	We have posters around our venue at the COVID-Safe check-in points reminding attendees that the vaccination requirements form part of the terms of entry, and notifying them of the acceptable forms of proof of vaccination.
I agree to keep a copy of this COVID-19 Safety Plan at the business premises	The COVID-19 Safety Plan will be kept at the premises, and all staff and volunteers have been advised where to find it.

Ventilation	
REQUIREMENTS	ACTIONS
Review the 'COVID-19 guidance on ventilation' available at https://www.nsw.gov.au/covid-19/getting-back-to-work-a-covid-safe-way/ventilation-guidance and consider which measures are relevant to your premises before completing this COVID-19 Safety Plan.	We require masking whilst indoors, and we are limiting the number of people indoors at any time.
Use outdoor settings wherever possible.	Our sport is played outdoors.
In indoor areas, increase natural ventilation by opening windows and doors where possible.	Wherever possible, we will maximise natural ventilation by opening doors or windows.
In indoor areas, increase mechanical ventilation where possible by optimising air conditioning or other system settings (such as by maximising the intake of outside air and reducing or avoiding recirculation of air).	Wherever possible, we will maximise natural ventilation by opening doors or windows.
Ensure mechanical ventilation systems are regularly maintained to optimise performance (for example through regular filter cleaning or filter changes).	Wherever possible, we will maximise outside air intake and minimise recirculation of air.

